Boy Scout Troop 420 - PATROL MENU PLANNING WORKSHEET

PATROL:		CAMPOUT DATE:		
GRUBMASTER:		CAMPOUT LOCATION:		
		uying food/storage/ice/cooler for re and sign all menus prior to buy		
ATTENDANCE	ALLERGIES OR DIETARY RESTRICTIONS		CONTACT INFO	
PL:				
APL:				
3:				
4:				
5:				
6:				
7:				
8:				
9:				

MENU

In planning your menus, you may choose recipes from the "Troop Menu File Box" or you may use recipes from other sources (if you have delicious new recipes, we may want to add them to the Menu File!).

<u>All meals to meet My Plate standards.</u> If it is not being cut, diced, sliced, cubed, boiled, baked, fried, or grilled, then it probably won't be approved.

<u>All meals must require some degree of preparation</u>. Dinners must require cooking (must contain raw ingredients such as meat, vegetables, fruit, etc. or consist of three or more different ingredients that require preparation).

<u>Plan at least one "one-pot" meal</u>. You may plan menus for Saturday lunch and Sunday lunch that can be made "Quick & Easy"; menus for other meals must require more "Time & Talent" to cook!

Do **NOT** include soft drinks or candy.

Your **Grubmaster** must have all of the recipes to prepare his grocery shopping list. This menu must be approved by the trip SPL and Scoutmaster; any changes made later must also be approved.

GRUBMASTER - DO NOT SUBSTITUTE! THE TRIP SPL & SCOUTMASTER HAVE APPROVED THIS MENU AS-IS!

FRIDAY DINNER *Time& Talent	Budget: \$/Scout, \$ Total
Stove / Dutch Oven / While Traveling	GROCERY LIST
Time Needed to Prepare/Cook:	
Main Course:	
Side(s):	
Drink:	
Dessert:	
SATURDAY BREAKFAST *Time& Talent	
Stove / Dutch Oven / On Trail	
Time Needed to Prepare/Cook:	
Main Course:	
Side(s):	

MY PLATE

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Drink:	
SATURDAY LUNCH *Quick & Easy	
Stove / Dutch Oven / On Trail	
Time Needed to Prepare/Cook:	
Main Course:	
Side(s):	
Drink:	
SATURDAY DINNER *Time& Talent	
Stove / Dutch Oven / On Trail	
Time Needed to Prepare/ Cook:	
Main Course:	
Side(s):	
Drink:	
Dessert	
SUNDAY BREAKFAST *Time& Talent	
Stove / Dutch Oven / On Trail	
Time Needed to Prepare/Cook:	
Main Course:	
Side(s):	
Drink:	
SUNDAY LUNCH *Quick & Easy	
Stove / Dutch Oven / While Traveling	
Time Needed to Prepare /Cook:	
Main Course:	
Side(s):	
Drink:	

Trip SPL Approval:_____

Scoutmaster Approval:_____

Grubmaster: Attach food receipt(s) to this form and return to Scoutmaster at first meeting after trip.

Amount Budgeted: \$		Amount Spent: \$			
Amount of food purchased was:	Not Enough / About	: Right / Too Much			